Southern Regional Middle School May 2018

Questions, comments or concerns contact: Gary Haddad, Food Service Director at 609-597-9481 Ex. 4369



Handcrafted Deli Sandwiches

In A Hurry? Check
Out Some of Our Fast
Take Sandwiches

Assorted Deli Meats and Cheeses
Assorted Fresh Toppings and Spreads
Choice of Tuna or Egg Salad Daily
Assorted Wraps, Rolls and Bread

Breakfast Served Daily 7:30 – 7:40 Available to ALL.

Daily and Weekly Salad Specials

Week 1
Romaine Salad

Week 2
Spinach Salad
Week 1: G
Week 2: C

Week 3

Romaine Salad

Week 4:

Week 5:

Garden Salad w/ Cheese

Chef Salad

Chicken Caesar Salad Buffalo Chicken Salad Greek Salad w / Pita



Spinach Salad

EVERYDAY CHOICES

Hamburgers, Cheeseburgers, Breaded Chicken w/ Grain, Chicken Patty Sandwich

Monday: Jersey Burger

Tuesday: Buffalo Chicken Patty

Wednesday: Chicken Bacon Cheddar Sandwich

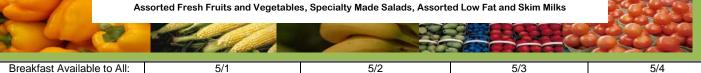
Thursday: Turkey Cuban Sandwich Ham & Cheese Melt on a Bagel

Everyday Choices



Monday: Stromboli <u>Tuesday:</u> Buffalo Chicken Wednesday: White Pizza <u>Thursday:</u> French Bread <u>Friday</u>: Chicken Bacon Ranch

SIDES OFFERED DAILY WITH LUNCH CHOICES



Breakfast Available to All:	5/1	5/2	5/3	5/4
Students Full: \$1.75	Roasted Chicken w/ Biscuit	Buffalo Chicken Mac &	Nacho Bar w/ Fixings Bar	Grilled Cheese w/ Crabby
Reduced: \$.30	Mashed Potatoes & Gravy Roasted Corn	Cheese w/ Dinner Roll	Refried Beans & Spanish Rice	Fries Green Beans
Adult: \$ 2.25	Roasted Com	Sautéed Spinach	Rice	V
5/7	5/8	5/9	5/10	5/11
Waffle Bar w/ Fruit Toppings	Bacon Cheese Burgers w/	Pasta & Meatballs w/ Garlic	Taco Bar w/ Hard or Soft	Chinese Take Out
& Whipped Cream Sausage	Toppings Bar	Bread Roasted	Shell w/ Fixings Salsa &	Chicken w/ Noodles
Patty or Ham Tater Tots	BBQ Baked Beans French	Broccoli	Black Beans Spanish	Mixed Vegetables
V	Fries	V	Rice	
5/4.4	E/AE	F/AC	5/17	5/18
5/14 Mozzarella Sticks w/	5/15 Crispy Chicken Bowl w/	5/16 Baked Ziti w/ Garlic Bread	Nacho Bar w/ Fixings	Buffalo Chicken Flatbread
Marinara	Mashed Potatoes & Gravy	Sautéed Spinach & Garlic	Bar Pinto Beans Carrot	Green Pepper Strips
Sw. Potato Fries	Sweet Corn & Dinner Roll	V Cauteed opinaen a Came	Sticks	French Fries
V			G iiolio	
5/21	5/22	5/23	5/24	5/25
Sloppy Joe Sliders w/ BBQ	Chicken Sticks w/ Dinner Roll	Crispy Chicken Bacon	Taco Bar w/ Hard or Soft	Chicken Fajitas w/
Mashed Sweet Potatoes	Smiley Fries Sweet Peas	Ranch on a Kaiser Roll	Shell w/ Fixings Salsa &	Toppings
Carrot Sticks w/ Dip	•	Steamed Broccoli	Refried Beans	Peas & Carrots
			Spanish Rice	
5/28	5/29	5/30	5/31	Lunch Available to All:
Memorial Day School Closed	Popcorn Chicken w/ Dinner	BBQ Chicken w/ Biscuit	Chicken Fajita Nachos w/	Students Full: \$2.95
Available Daily:	Roll French Fries	Mashed Potatoes & Gravy	Fixings Bar Baked Beans	w/ Fries: \$3.35
Peanut Butter &		sautéed Spinach		Reduced: \$.40
Jelly Sandwich				Adult A la Carte: \$3.30
Bagel, Cereal & Yogurt Box				

Veggie Bar Offered Daily
Tossed Salad, Carrot & Celery Sticks, Lettuce, Tomatoes, Onions & Hot Peppers